

Education,
Action &
Advocacy for
SEND Parents

Peer Support Group
Virtual Meeting

✨ Empowering
parents to create
change together





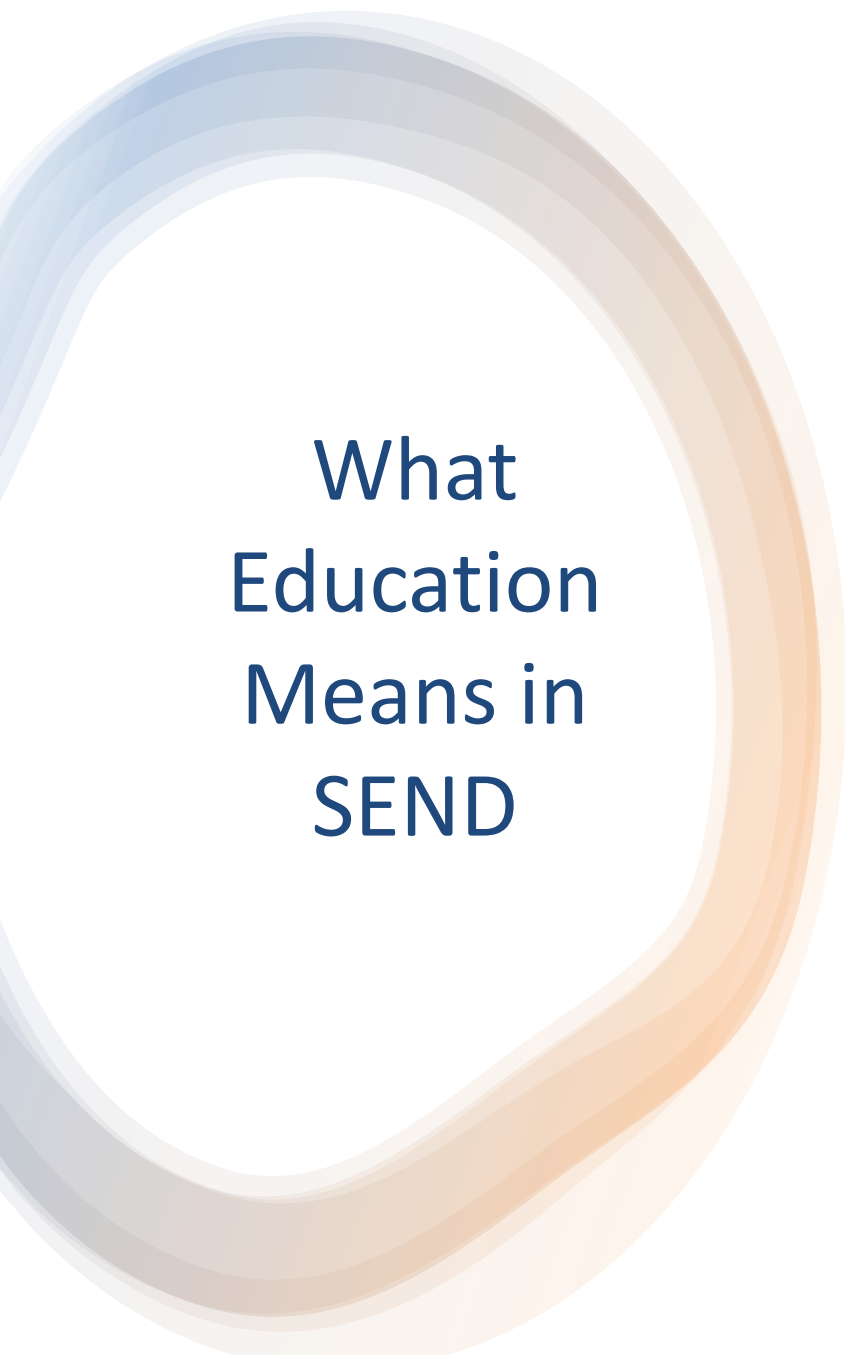
Welcome & Purpose

Welcome everyone
and introduce
today's theme

Build confidence
and connection
within our peer
group

Explore how
education and
advocacy work
hand in hand

Share practical
tools and
resources to take
action



What Education Means in SEND

Understanding your child's right to support in school

Knowing the role of the SENCo and how to work with them

What 'reasonable adjustments' mean under the Equality Act

How EHCPs (Education, Health & Care Plans) work

Taking Action

Keep

- Keep records of meetings and reports

Follow up

- Follow up in writing after discussions

Work

- Work collaboratively with schools and professionals

Reach out

- Reach out to support networks for advice and encouragement

Ask

- Ask questions — don't be afraid to seek clarity



Advocacy in Action

Advocacy means speaking up
for your child's rights and needs

Be calm, clear, and persistent —
you are your child's voice

Empower your child to express
their own views where possible

Collective advocacy: how parent
groups can influence local
services



National & Local Resources

IPSEA – Legal advice and template letters
(www.ipsea.org.uk)

Contact – Parent helpline (0808 808 3555)

SENDIASS – Local impartial advice
(www.sendiassnetwork.org.uk)

Speech and Language UK – Support for
communication needs
(www.speechandlanguage.org.uk)

The Speech Circle Podcast – Peer voices
and real stories



Self-Care & Connection

Advocacy is powerful — but it can be emotionally draining

Make time for rest, reflection, and connection

Use your self-care checklist daily

Remember: You can't pour from an empty cup



Group Discussion

What challenges do you face when advocating for your child?

What's worked well for you?

How can we better support each other as a group?



Next Steps

Check out our website for resources and podcast links

Let us know if you'd like an evening meeting option

Stay connected — join our online peer support chat

💙 Together we are stronger 💙



Thank You

Thank you for joining today's session!

Keep learning, keep advocating, and keep looking after yourself.

✨ Every voice matters. Every child deserves to thrive. ✨