

SEND Parents – Key Contacts & Resources (England)

IPSEA (Independent Provider of Special Education Advice)

Free, independent, legally-based advice on SEND law and rights.

Telephone helplines & Tribunal support.

■ www.ipsea.org.uk

Contact (For Families with Disabled Children)

National charity supporting families of children with SEND.

Information, helpline, workshops, and local networks.

■ 0808 808 3555

■ www.contact.org.uk

SENDIASS (Special Educational Needs & Disabilities Information, Advice & Support Services)

Available in every local authority in England.

Free, impartial advice on SEND for children/young people aged 0–25.

Find your local service: ■ www.sendiassnetwork.org.uk

SOS! SEN

Charity offering support with EHCPs, appeals, and school issues.

Free advice line and monthly drop-in advice centres.

■ 020 8538 3731

■ www.sossen.org.uk

Council for Disabled Children (CDC)

National umbrella body for SEND and disability services.

Guidance on EHCPs, education, health and social care.

■ councilfordisabledchildren.org.uk

Your Rights (Key Points for Parents)

Right to inclusive education in mainstream schools unless unsuitable.

EHCP (Education, Health & Care Plan): legal document for support.

Annual Review: ensures EHCP stays up to date.

Children & young people must have their views considered in decisions.

Useful National Helplines

IPSEA Tribunal Helpline: 0300 222 5944

Contact Freephone: 0808 808 3555

SENDIASS (Local Authority): Check your council website

■ Remember: You are not alone. Support and advice are available at every stage of your child's journey. Connecting with peer networks and using national helplines can make a real difference.